



Infant Touch and Massage Instruction

- Infant Touch and Massage can benefit babies, toddlers, and children of all ability levels with general development, digestion, sleep, and attachment
- Infant Touch and Massage sessions take place in the comfort of your home, and each session is individualized to your baby
- Infant Touch and Massage sessions are usually about an hour and \$60, but vary based on baby's needs
- Both parents are asked to be involved if possible
- Sessions continue as baby grows, and you continue to add more techniques and benefits for all developmental stages
- You will learn about your baby's sensory system and development, learn to establish massage routines, and be able to communicate with your baby through touch

Crystal became a Certified Infant Touch and Massage Instructor in April 2012 after training with Maria Mathias of the International Institute of Infant Massage.

Gift Certificates available!



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