



Reiki

- Japanese form of holistic energy healing that is complementary to all other healing modalities
- Beneficial for mind, body, and spirit
- Relaxing, individualized sessions are experienced in your home or other location of your choice
- All clothing stays on
- Consultation before and after every session
- Relieve stress and work with your Chakras
- Reiki benefits all ages and abilities - people and animals
- Each session is unique to the individual and the healing needed
- Crystal Ennen, Reiki Master, has been studying Reiki since 2011, with the support of Karissa Brusseau (Lotus Touch, Fargo, ND) and her teacher, Jeanne Troge of Park Rapids, MN

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30 min. Reiki session (<i>pet or person</i>)	\$30
60 min. Reiki session (<i>pet or person</i>)	\$60
Mileage outside Red Feather Lakes	60¢ per mile
Reiki Level 1 class for kids	\$50 per child \$100 per parent (<i>one parent/guardian required for each child – discounted rate for whole family</i>)

